

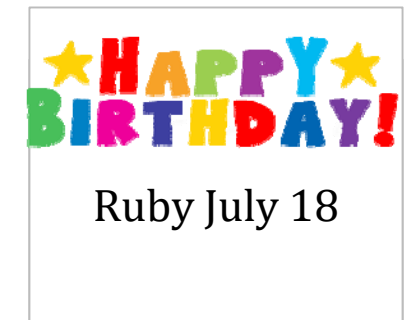
## JULY 2019

## RETIREMENT ACTIVITY CALENDAR

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|---|---|--|--|---|--|--|
|   | 1 Canada Day<br>10:15 Exercises<br>3:00 Bingo | 2<br>10:00 Exercise with<br>Caleigh<br>3:00 Reading with<br>Wendy  | 3<br>7:30 Breakfast Club<br>10:15 Exercises                      | 4<br>10:00 Exercise with<br>Caleigh<br>3:00 Bingo                           | 5<br>10:00 Murray and<br>Friends<br>3:00 Ice Cream<br>Social | 6<br>5:45pm Julia Child's<br>Bon Appetite<br>Baking Club |
| 7<br>10:00 Social Tea<br>2:30 Church          | 8<br>10:15 Exercises<br>3:00 Bingo            | 9<br>10:00 Exercise with<br>Caleigh  | 10<br>10:00 Library Club<br>10:15 Exercises<br>7:00 Campfire     | 11<br>10:00 Exercise with<br>Caleigh<br>3:00 Bingo                          | 12<br>10:15 Exercises<br>3:00 Ice Cream<br>Social            | 13<br>2:15 Church Choir                                  |
| 14<br>10:00 Social Tea<br>2:30 Church         | 15<br>10:15 Exercises<br>3:00 Bingo           | 16<br>10:00 Exercise with<br>Caleigh<br>3:00 Reading with<br>Wendy                                       | 17<br>7:30 Breakfast Club<br>10:15 Exercises<br>7:00 Campfire    | 18<br>10:00 Exercise with<br>Caleigh<br>3:00 Bingo                          | 19<br>10:15 Exercises<br>3:00 Ice Cream<br>Social            | 20   |
| 21<br>10:00 Social Tea<br>2:30 Church         | 22<br>10:15 Exercises<br>2:00 Birthday Party  | 23<br>10:00 Exercise with<br>Caleigh<br>7:00 Pub Night   | 24<br>10:15 Exercises<br>7:00 Campfire                           | 25<br>10:00 Exercise with<br>Caleigh<br>2:00 Debbie<br>Bechamp              | 26<br>10:15 Exercises<br>3:00 Ice Cream<br>Social            | 27<br>1:00pm Golf  |
| 28<br>10:00 Social Tea<br>2:30 Church         | 29<br>10:15 Exercises<br>3:00 Bingo           | 30<br>10:00 Exercise with<br>Caleigh<br>3:00 Reading with<br>Wendy                                       | 31<br>7:30 Breakfast Club<br>10:15 Exercises<br>7:00 Troup Adore |   |  |  |
| <b>PROGRAMS SUBJECT TO CHANGE AT ANY TIME</b> |   |  |  |   |  |  |
|   |   | Monday's<br>Tuesday's (every other)<br>Wednesday's<br>Thursday's<br>Friday's<br>Saturday's (every other) | 3:00pm<br>3:00pm<br>1:00pm<br>3:00pm<br>3:00pm<br>1:00pm         | Bingo<br>Reading with Wendy<br>Euchre<br>Bingo<br>Ice Cream Social<br>Games |  |  |



### Monthly Picture



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Community

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