

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
BREAKFAST													
Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Cereal Oatmeal w/Flax EX	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL	Cereal Oatmeal Cinnamon w/Flax EX	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL	Cereal Oatbran w/Flax EC	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL	Cereal Oatmeal Cinnamon w/Flax EX	180 mL
Egg Boiled Hard f/Fresh EC	1 each	Egg Omelette Plain	1 each	Egg Scrambled f/Liquid EX	1 #12 sc.	Egg Poached f/Fresh Eggs EC	1 each	Egg Omelette Cheese	1 each	Egg Poached f/Fresh Eggs EC	1 each	Egg Scrambled f/Liquid EX	1 #12 sc.
Toast Plain Raisin 2 Slice EC	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice
Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each
Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL
Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each
Margarine PC	1 each	Margarine PC	1 each	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Milk 2% 250mL	250 mL	Sugar Brown PC	1 each	Margarine PC	1 each
Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL
Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL
Cottage Cheese Smooth Lemon PC	1 each	Yogurt Vanilla f/Bulk	125 mL	Peanut Butter Smooth f/Bulk	30 mL	Yogurt Vanilla f/Bulk	125 mL	Peanut Butter Smooth f/Bulk	30 mL	Cottage Cheese 1% PC	1 each	Cereal Assorted Cold f/Bulk EX	180 mL
Toast WW 2 Slice	2 slice	Muffin Carrot Large f/Batter	1 each	Muffin English White Tstd	1 each	Muffin Bran Large f/Batter	1 each	Banana Half f/Fresh	1 each	Pancakes f/Mix	2 each	Peanut Butter Smooth f/Bulk	30 mL
Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Sugar Brown PC	1 each	Banana Half f/Fresh	1 each	Toast WW 2 Slice	2 slice
Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Banana Half f/Fresh	1 each
Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Sugar Brown PC	1 each
Margarine PC	1 each	Margarine PC	1 each	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Milk 2% 250mL	250 mL	Sugar Brown PC	1 each	Margarine PC	1 each
Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Syrup f/Bulk	30 mL	Jelly/Jam EC	10 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
										Water Tap EX	250 mL	Water Tap EX	250 mL
LUNCH													
Soup Beef Veg f/Dry G-F RS Base	180 mL	Soup Chicken Rice w/Dry G-F RS Base	180 mL	Soup Cream of Cauliflower Hmd EC	180 mL	Soup Bean Navy f/Dry & Ham w/Hmd Broth	180 mL	Soup Pea Split Vegt Hmd EC	180 mL	Soup Corn Chowder Hmd EC	180 mL	Soup Cream of Mushroom f/Dry G-F RS Base EC	180 mL
Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each
Pasta Primavera Turkey f/Dcd Ckd w/Fresh Veg	250 mL	Fish Haddock Brd f/Fillet f/RTC EC	90 g	Perogies w/Bacon EC	5 each	Beef Stroganoff f/Shaved Steak	125 mL	Beef Stroganoff f/Shaved Steak	125 mL	Spaghetti & Meatballs f/RTS EC	250 mL	Deli Meat Salad Plate EC	1 each
Beans Green Cuts f/Frz	125 mL	Sauce Tartar f/Bulk	30 mL	Vegetable Mix 4-Way f/Frz EC	125 mL	Noodles Egg Buttered Seasoned	125 mL	Cucumber Onion Sld Creamy f/Fresh LoCal	125 mL	Carrots Sliced f/Frz	125 mL	Roll Dinner Whole Wheat 40g	1 each
Apple Slices Cinnamon Ckd f/Cnd	125 mL	Potato French Fries Straight Cut f/Frz	10 each	Sour Cream f/Bulk	30 mL	Beans Green Cuts f/Frz	125 mL	Apricot Halves f/Cnd JcPk	125 mL	Fruit Salad Tropical Lite f/Cnd JcPk	125 mL	Margarine PC	1 each
Milk 2% - 125mL Meals	125 mL	Zucchini Medley f/Frz EC	125 mL	Pineapple Crushed f/Cnd JcPk	125 mL	Orange Mandarin f/Cnd JcPk	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Strawberries Whole f/Frz	125 mL
Coffee or Tea 180 mL EX	180 mL	Sour Cream f/Bulk	30 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL
Water Tap EX	250 mL	Rhubarb Stewed f/Frz	125 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL
Soup Beef Veg f/Dry G-F RS Base	180 mL	Milk 2% - 125mL Meals	125 mL	Soup Cream of Cauliflower Hmd EC	180 mL	Water Tap EX	250 mL	Soup Pea Split Vegt Hmd EC	180 mL	Soup Corn Chowder Hmd EC	180 mL	Soup Cream of Mushroom f/Dry G-F RS Base EC	180 mL
Crackers Soda/Saltine NAS	4 each	Coffee or Tea 180 mL EX	180 mL	Crackers Soda/Saltine NAS	4 each	Soup Bean Navy f/Dry & Ham w/Hmd Broth	180 mL	Crackers Soda/Saltine NAS	4 each	Tuna Salad Sndw on WW	1 each	Crackers Soda/Saltine NAS	4 each
Quiche Vegetable EX	1 slice	Water Tap EX	250 mL	Crackers Soda/Saltine NAS	4 each	Chicken Shredded Sandwich WW EX	1 each	Sausage Pork Link f/Ckd Sknls 2 Each	2 each	Salad Tomato and Cucumber EC	125 mL	Crackers Soda/Saltine NAS	4 each
Carrots Sliced f/Frz	125 mL	Soup Chicken Rice w/Dry G-F RS Base	180 mL	Lettuce Salad Greek w/Greek Drsg EX	125 mL	Egg Salad Sndw on WW	1 each	Compote Pnapl Orange Pear Hot Hmd f/Cnd	125 mL	Pudding Tapioca Cooked f/Mix	125 mL	Burger Fish Captain f/Ckd Patty on White Bun	1 each
Tart Butter f/RTB Shell EC	1 each	Crackers Soda/Saltine NAS	4 each	Mousse Tiramisu f/Mix	125 mL	Salad Caesar Hmd EC	125 mL	Waffles RTS	2 each	Milk 2% - 125mL Meals	125 mL	Beet Onion Salad EX	125 mL
Milk 2% - 125mL Meals	125 mL	Beef Roast Submarine Mini EC	1 each	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Syrup f/Bulk	30 mL	Coffee or Tea 180 mL EX	180 mL	Sauce Tartar f/Bulk	30 mL
Coffee or Tea 180 mL EX	180 mL	Coleslaw Rainbow EC	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Ice Cream Strawberry f/Bulk	125 mL	Water Tap EX	250 mL	Cake Mousse Raspberry	1 slice
Water Tap EX	250 mL	Cake English Toffee	1 slice	Water Tap EX	250 mL	Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL
		Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL
		Coffee or Tea 180 mL EX	180 mL					Water Tap EX	250 mL			Water Tap EX	250 mL
		Water Tap EX	250 mL										

DINNER

Apricot Braised Chicken f/Bnls/Sknls Thigh EC	90 g	Turkey Schnitzel RTC Frz	1 each	Lasagna Beef f/Grd w/Ricotta RET	250 mL	Pork Ribette f/Ckd w/BBQ Sc EC	1 each	Salmon Bkd f/Fillet w/Lemon	90 g	Pork Swt & Sour f/RTC Strips w/Swt & Sour Sc RET	180 mL	Beef Pot Roast f/Round	90 g
Rice White Cooked	125 mL	Potato Mashed f/Frz Diced	125 mL	Broccoli Florets f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL	Potato Rstd f/Fresh	125 mL	Rice White Fried Veg f/Dry w/Liquid Egg & Soy Sc	125 mL	Gravy Beef f/Mix EC RS	30 mL
Veg Mix Assorted Grld f/Frz EC	125 mL	Corn Whole Kernel f/Frz	125 mL	Bread Toast Garlic RTB	1 slice	Brussels Sprouts f/Frz	125 mL	Veg Mix Peppers & Onions Stir Fry f/Frz	125 mL	Veg Mix Asian f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL
Brownie Naked	1 each	Dessert Bar Lemon	1 (2x2)	Gelatin Strawberry w/Whip Topping	125 mL	Pie Key Lime Meringue RTS	1 slice	Custard Hmd	125 mL	Cake Cinnamon Roll	1 slice	Pudding Yorkshire 13g RtS	1 each
Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Asparagus Cuts f/Frz	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Horseradish f/Bulk	15 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Cheesecake Banana Split w/Whip Topping	1 (2x3" sq)
Meatloaf Beef Hmd _	90 g	Ham Glazed Pineapple Bkd f/Bnls EC	90 g	Water Tap EX	250 mL	Stew Turkey f/Bnls/Sknls Thigh GF	250 mL	Beef Shepherds Pie EC	180 mL	Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL
Gravy Beef f/Mix EC RS	30 mL	Potato Scalloped f/Fresh	125 mL	Chicken Montreal Seasoned f/Bnls/Sknls Thigh	90 g	Biscuit Tea Plain f/Mix	1 each	G-F LS Gravy Brown f/Dry Mix	30 mL	Chili Veg Hmd w/Cheese Mshrm & Peppers	180 mL	Coffee or Tea 180 mL EX	180 mL
Potato Mashed f/Frz Diced	125 mL	Peas Green f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL	Margarine PC	1 each	Broccoli Florets f/Frz	125 mL	Muffin Corn Small f/Mix	1 each	Water Tap EX	250 mL
Peas & Carrots f/Frz	125 mL	Fruit Cocktail f/Cnd JcPk	125 mL	Veg Mix Sunrise f/Frz	125 mL	Blueberries f/Frz	125 mL	Pears Diced f/Cnd JcPk	125 mL	Margarine PC	1 each	Chicken Honey Garlic f/Bnls/Sknls Thigh	90 g
Margarine PC	1 each	Milk 2% - 125mL Meals	125 mL	Apricot Halves f/Cnd	125 mL	Topping Whipped	30 mL	Milk 2% - 125mL Meals	125 mL	Mango f/Frz	125 mL	Potato Bkd f/Fresh	0.5 each
Melon Cantaloupe f/Fresh	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Veg Mix Bistro f/Frz	125 mL
Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Margarine PC	1 each
Coffee or Tea 180 mL EX	180 mL			Water Tap EX	250 mL	Water Tap EX	250 mL			Water Tap EX	250 mL	Pineapple Crushed f/Cnd JcPk	125 mL
Water Tap EX	250 mL											Milk 2% - 125mL Meals	125 mL
												Coffee or Tea 180 mL EX	180 mL
												Water Tap EX	250 mL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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BREAKFAST

Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Cereal Oatbran w/Flax EC	180 mL	Cereal Oatmeal w/Flax EX	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL	Cereal Oatmeal Cinnamon w/Flax EX	180 mL	Cereal Oatbran w/Flax EC	180 mL	Cereal Oatmeal w/Flax EX	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL
Egg Omelette Plain	1 each	Egg Boiled Hard f/Fresh EC	1 each	Egg Scrambled f/Liquid EX	1 #12 sc.	Egg Omelette Cheese	1 each	Egg Poached f/Fresh Eggs EC	1 each	Egg Boiled Hard f/Fresh EC	1 each	Egg Scrambled f/Liquid EX	1 #12 sc.
Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice
Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each
Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each
Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL
Sugar Brown PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each
Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL
Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL
Peanut Butter Smooth f/Bulk	30 mL	Cottage Cheese Smooth Lemon PC	1 each	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cottage Cheese Smooth Lemon PC	1 each	Yogurt Vanilla f/Bulk	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Muffin Bran Large f/Batter	1 each	Scone Cinnamon	1 each	Yogurt Vanilla f/Bulk	125 mL	Peanut Butter Smooth f/Bulk	30 mL	Peanut Butter Smooth f/Bulk	30 mL	French Toast Texas Hmd EC	2 slice	Assorted Juice f/BIB 125 ml EX	125 mL
Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Toast Plain Raisin 2 Slice EC	2 slice	Muffin Carrot Large f/Batter	1 each	Toast White 2 Slice	2 slices	Banana Half f/Fresh	1 each	Assorted Juice f/BIB 125 ml EX	125 mL
Margarine PC	1 each	Margarine PC	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Margarine PC	1 each	Assorted Juice f/BIB 125 ml EX	125 mL
Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Margarine PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Margarine PC	1 each	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Assorted Juice f/BIB 125 ml EX	125 mL
Milk 2% 250mL	250 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Margarine PC	1 each	Syrup f/Bulk	30 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Assorted Juice f/BIB 125 ml EX	125 mL
Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Assorted Juice f/BIB 125 ml EX	125 mL
		Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Assorted Juice f/BIB 125 ml EX	125 mL
												Water Tap EX	250 mL

LUNCH

Soup Garden Vegetable w/Dry G-F RS Base	180 mL	Soup Root Vegetable EC	180 mL	Soup Turkey Veg w/Dry Base	180 mL	Soup Cream of Potato & Leek f/Mix EX	180 mL	Soup Pea French Canadian Hmd EC	180 mL	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each
Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Soup Garden Vegetable w/Dry G-F RS Base	180 mL	Soup Crm of Broccoli Smooth w/Dry G-F RS Base	180 mL
Beef Corned Reuben Sndw on Rye EC	1 each	Cabbage Rolls f/RtC EC	2 each	Pasta Macaroni & Cheese Hmd EX	180 mL	Burger Beef f/Ckd Patty on WW Bun	1 each	Fish Blue Cod Fillet Btrd RTC	1 each	Beef Roast Hot w/Gravy on WW EC	1 each	Stew Pork Veg f/Dry Base	250 mL
Lettuce Salad Greek w/Greek Drsg EX	125 mL	Beans Green Cuts f/Frz	125 mL	Tomato Diced Stewed f/Cnd w/Veg	125 mL	Broccoli & Cauliflower Salad w/Mayo Drsg	125 mL	Potato French Fries Straight Cut f/Frz	10 each	Cauliflower f/Frz	125 mL	Biscuit Tea Plain f/Mix	1 each
Pears Diced f/Cnd JcPk	125 mL	Fruit Salad Tropical Lite f/Cnd JcPk	125 mL	Pineapple Crushed f/Cnd JcPk	125 mL	Pickle Relish PC	1 each	Coleslaw Creamy f/Fresh	125 mL	Horseradish f/Bulk	15 mL	Parsnips Parslied f/Frz	125 mL
Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Mustard PC	1 each	Sauce Tartar f/Bulk	30 mL	Pear Halves Poached f/Cnd JcPk w/Spices & Sugar	125 mL	Rhubarb Stewed f/Frz	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Ketchup PC	1 each	Blueberries f/Frz	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Peaches Diced f/Cnd JcPk	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL
Soup Garden Vegetable w/Dry G-F RS Base	180 mL	Soup Root Vegetable EC	180 mL	Soup Turkey Veg w/Dry Base	180 mL	Milk 2% - 125mL Meals	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Crackers Soda/Saltine NAS	4 each
Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Soup Crm of Broccoli Smooth w/Dry G-F RS Base	180 mL
Chicken Wings Bnls Baked EC	3 each	Chicken Salad Sndw on WW	1 each	Salmon Salad Sndw on WW	1 each	Water Tap EX	250 mL	Soup Pea French Canadian Hmd EC	180 mL	Crackers Soda/Saltine NAS	4 each	Soup Garden Vegetable w/Dry G-F RS Base	180 mL
Potato Salad RTS	125 mL	Coleslaw Creamy f/RTS	125 mL	Beet & Orange Mandarin Salad f/Cnd w/Drsg	125 mL	Soup Cream of Potato & Leek f/Mix EX	180 mL	Crackers Soda/Saltine NAS	4 each	Soup Garden Vegetable w/Dry G-F RS Base	180 mL	Cheese Sndw on Croissant w/Tomato	1 each
Veg Mix Italian f/Frz w/Basil & Oregano	125 mL	Cookies Oatmeal f/Dough	2 each	Cake Maple Avalanche	1 (2x3)	Crackers Soda/Saltine NAS	4 each	Sausage Pork Link f/Ckd Sknls 2 Each	2 each	Crackers Soda/Saltine NAS	4 each	Strata Cheddar Vegetable Hmd	250 mL
Ice Cream Sandwich Vanilla	1 each	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Quiche Lorraine EC	1 slice	Compote Strawberry Hmd f/Frz	125 mL	Crackers Soda/Saltine NAS	4 each	Veg Mix Pick of the Day f/Frz	125 mL
Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Veg Mix Bistro f/Frz	125 mL	Pancakes f/Mix	2 each	Crackers Soda/Saltine NAS	4 each	Pudding Chocolate f/Inst	125 mL
Coffee or Tea 180 mL EX	180 mL			Water Tap EX	250 mL	Ice Cream French Vanilla f/Bulk EC	125 mL	Syrup f/Bulk	30 mL	Crackers Soda/Saltine NAS	4 each	Milk 2% - 125mL Meals	125 mL
Water Tap EX	250 mL					Milk 2% - 125mL Meals	125 mL	Crepe Caramel f/Mix EC	125 mL	Crackers Soda/Saltine NAS	4 each	Coffee or Tea 180 mL EX	180 mL
						Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Crackers Soda/Saltine NAS	4 each	Milk 2% - 125mL Meals	125 mL
						Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Crackers Soda/Saltine NAS	4 each	Coffee or Tea 180 mL EX	180 mL
								Water Tap EX	250 mL	Crackers Soda/Saltine NAS	4 each	Water Tap EX	250 mL

DINNER

Chicken Mediterranean f/Ckd Souvlaki EX	250 mL	Fish Sole Bkd f/Fillet w/Lemon Pepper	90 g	Turkey Stir Fry Vegetable f/Dcd EC	180 mL	Pork Rst f/Bnls Loin w/Honey Mustard Sc	90 g	Chicken Herb f/Thigh w/Chalet Sc Hmd	90 g	Ham Bkd f/Bnls w/Pineapple Juice	90 g	Turkey Rst f/Bnls Rst w/Gravy & Cranberry Sc	90 g
Potato Lemon f/Diced EC	125 mL	Potato Bites RTB EC	125 mL	Rice Pilaf Hmd EC	125 mL	Potato Bkd f/Fresh	0.5 each	Potato Mashed f/Frz Diced	125 mL	Potato Scalloped f/Frz EC	125 mL	Potato Mashed f/Frz Diced	125 mL
Veg Mix Assorted Grld f/Frz EC	125 mL	Brussels Sprouts f/Frz	125 mL	Pudding Lemon Meringue RTS PC	1 each	Squash Diced Seasoned f/Frz	125 mL	Carrots Sliced Parslied f/Frz	125 mL	Brussels Sprouts f/Frz	125 mL	Beans Green Cuts f/Frz	125 mL
Dessert Bar Date Square	1 (2x2)	Cake Vanilla Caramel	1 (2x3)	Milk 2% - 125mL Meals	125 mL	Margarine PC	1 each	Danish Asst	1 each	Gelatin Orange w/Whip Topping	125 mL	Pie Peach RTB	1 slice
Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Dessert Bar Nanaimo	1 (2x2)	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	180 mL	Coffee or Tea 180 mL EX	180 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL
Beef Steak Salisbury f/RTC	1 each	Stew Beef & Vegetables f/Cubed	250 mL	Beef Steak Mushroom Pot Pie	1 each	Water Tap EX	250 mL	Veal Piccata f/Cutlet	90 g	Water Tap EX	250 mL	Beef Liver & Onions EC	90 g
G-F LS Gravy Brown f/Dry Mix	30 mL	Biscuit Tea Plain f/Mix	1 each	Cauliflower f/Frz	125 mL	Turkey Schnitzel RTC Frz	1 each	Noodles Egg Buttered Seasoned	125 mL	Fish Haddock Bkd f/Fillet	90 g	G-F LS Gravy Brown f/Dry Mix	30 mL
Potato Scalloped f/Mix	125 mL	Margarine PC	1 each	Mango f/Frz	125 mL	G-F LS Gravy Poultry f/Mix EC	30 mL	Veg Mix Paradisio Blend f/Frz	125 mL	Sauce Dill Hmd	30 mL	Potato Mashed f/Frz Diced	125 mL
Corn Whole Kernel f/Frz	125 mL	Apple Slices Cinnamon Ckd f/Cnd	125 mL	Milk 2% - 125mL Meals	125 mL	Potato Mashed f/Frz Diced	125 mL	Fruit Cocktail f/Cnd JcPk	125 mL	Rice White f/Dry	125 mL	Yam Spiced EC	125 mL
Orange Mandarin f/Cnd JcPk	125 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Broccoli Florets f/Frz	125 mL	Milk 2% - 125mL Meals	125 mL	Peas Green f/Frz	125 mL	Melon Honeydew Chunks f/RTS	125 mL
Milk 2% - 125mL Meals	125 mL			Water Tap EX	250 mL	Apricot Halves f/Cnd JcPk	125 mL	Coffee or Tea 180 mL EX	180 mL	Strawberries Whole f/Frz	125 mL	Milk 2% - 125mL Meals	125 mL
Coffee or Tea 180 mL EX	180 mL					Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL	Coffee or Tea 180 mL EX	180 mL
Water Tap EX	250 mL					Coffee or Tea 180 mL EX	180 mL			Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL
						Water Tap EX	250 mL			Water Tap EX	250 mL		

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
BREAKFAST															
Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL		
Cereal Oatmeal Cinnamon w/Flax EX	180 mL	Cereal Oatbran w/Flax EC	180 mL	Cereal Oatmeal w/Flax EX	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL	Cereal Oatmeal Cinnamon w/Flax EX	180 mL	Cereal Oatbran w/Flax EC	180 mL	Cereal Cream of Wheat w/Flax EX	180 mL		
Egg Boiled Hard f/Fresh EC	1 each	Egg Scrambled f/Liquid EX	1 #12 sc.	Egg Poached f/Fresh Eggs EC	1 each	Egg Boiled Hard f/Fresh EC	1 each	Egg Scrambled f/Liquid EX	1 #12 sc.	Egg Omelette Plain	1 each	Egg Poached f/Fresh Eggs EC	1 each		
Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Muffin English WW Tstd	1 each	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Bacon Strip f/Raw EX	2 slice		
Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Margarine PC	1 each	Toast WW 2 Slice	2 slice
Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Banana Half f/Fresh	1 each
Sugar Brown PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Sugar Brown PC	1 each	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each
Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each
Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Jelly/Jam EC	10 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% 250mL	250 mL
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL
Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Assorted Juice f/BIB 125 ml EX	125 mL	Water Tap EX	250 mL
Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Cereal Assorted Cold f/Bulk EX	180 mL	Water Tap EX	250 mL
Peanut Butter Smooth f/Bulk	30 mL	Yogurt Vanilla f/Bulk	125 mL	Peanut Butter Smooth f/Bulk	30 mL	Cottage Cheese Smooth Lemon PC	1 each	Peanut Butter Smooth f/Bulk	30 mL	Cottage Cheese Smooth Lemon PC	1 each	Cottage Cheese Smooth Lemon PC	1 each	Assorted Juice f/BIB 125 ml EX	125 mL
Biscuit Tea Plain f/Mix	1 each	Muffin Bran f/mix EC	1 each	Toast WW 2 Slice	2 slice	Muffin Carrot Large f/Batter	1 each	Toast White 2 Slice	2 slices	Toast White 2 Slice	2 slices	Waffles RTS	2 each	Yogurt Vanilla f/Bulk	125 mL
Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Banana Half f/Fresh	1 each	Potato Hashbrown f/Frz Diced	125 mL
Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Jelly/Jam EC	10 mL	Sugar Brown PC	1 each
Sugar Brown PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Sugar Brown PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each	Margarine PC	1 each
Margarine PC	1 each	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Margarine PC	1 each	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL	Syrup f/Bulk	30 mL	Jelly/Jam EC	10 mL
Milk 2% 250mL	250 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% 250mL	250 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% 250mL	250 mL	Syrup f/Bulk	30 mL	Milk 2% 250mL	250 mL
Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% 250mL	250 mL	Milk 2% 250mL	250 mL
Water Tap EX	250 mL					Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
												Water Tap EX	250 mL	Water Tap EX	250 mL
LUNCH															
Soup Vegetable Barley EC	180 mL	Soup Bean Navy f/Cnd w/Veg/Hmd Broth	180 mL	Soup Crm of Tomato f/Cond	180 mL	Soup Italian Wedding f/Mix EX	180 mL	Soup Crm of Veg f/Dry Base	180 mL	Soup Minestrone Hmd EX	180 mL	Soup French Onion w/Dry Base	180 mL		
Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each		
Beef Pulled Sndw on Bun WW EX	1 each	Omelette Spanish f/Liquid	1 each	Cheese Grld Sndw on WW	1 each	Turkey Hot Sndw on WW w/Gravy	1 each	Chili Beef & Beans f/Grd	180 mL	Sausage Pork Oktoberfest on White Bun	1 each	Crackers Soda/Saltine NAS	4 each		
Asparagus Spears f/Frz	5 bunch	Potato Homefries f/Fresh EC	125 mL	Veg Mix Niagara f/Frz	125 mL	Corn Whole Kernel f/Frz	125 mL	Bread Garlic f/Texas	1 slice	Veg Mix Cocktail f/Frz	125 mL	Crackers Soda/Saltine NAS	4 each		
Orange Mandarin f/Cnd JcPk	125 mL	Veg Mix Peppers & Onions Stir Fry f/Frz	125 mL	Milk 2% - 125mL Meals	125 mL	Fruit Salad Tropical Lite f/Cnd JcPk	125 mL	Pineapple Crushed f/Cnd JcPk	125 mL	Fruit Cocktail f/Cnd JcPk	125 mL	Potato French Fries Straight Cut f/Frz	10 each		
Milk 2% - 125mL Meals	125 mL	Apple Slices Cinnamon Ckd f/Cnd	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Coleslaw Vinaigrette w/Peppers	125 mL		
Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Margarine PC	1 each		
Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL	Soup Crm of Tomato f/Cond	180 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Margarine PC	1 each		
Soup Vegetable Barley EC	180 mL	Coffee or Tea 180 mL EX	180 mL	Crackers Soda/Saltine NAS	4 each	Soup Italian Wedding f/Mix EX	180 mL	Soup Crm of Veg f/Dry Base	180 mL	Soup Minestrone Hmd EX	180 mL	Pear Halves Poached f/Cnd JcPk w/Spices & Sugar	125 mL		
Crackers Soda/Saltine NAS	4 each	Water Tap EX	250 mL	Tuna Salad Homestyle EC	125 mL	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each		
Pasta Tortellini w/Tomato Pesto Sauce EC	180 mL	Soup Bean Navy f/Cnd w/Veg/Hmd Broth	180 mL	Croissant Mini RTS	1 each	Pizza Cheese/Pepperoni/Vegetable EC	1 slice	Salad Plate Chicken Salad w/Bean Salad	1 each	Egg Salad Sndw on WW	1 each	Milk 2% - 125mL Meals	125 mL		
Veg Mix Italian f/Frz w/Basil & Oregano	125 mL	Crackers Soda/Saltine NAS	4 each	Carrot Raisin Salad f/Fresh w/Coleslaw Drsg	125 mL	Salad Tomato and Cucumber EC	125 mL	Roll Dinner White	1 each	Garnish Pickle Spear f/Bulk	2 each	Milk 2% - 125mL Meals	125 mL		
Eclair Frosted Chocolate	1 each	Turkey Cranberry Sndw on WW EC	1 each	Mousse Strawberry f/Mix	125 mL	Cake Pound Lemon w/Whipped Topping EC	1 slice	Lettuce Salad Greens w/Carrot/Italian Drsg	125 mL	Pudding Rice Hmd w/Cinnamon EC	125 mL	Coffee or Tea 180 mL EX	180 mL		
Milk 2% - 125mL Meals	125 mL	Salad Caesar Hmd EC	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Margarine PC	1 each	Coffee or Tea 180 mL EX	180 mL	Crackers Soda/Saltine NAS	4 each		
Coffee or Tea 180 mL EX	180 mL	Pudding Black Forest f/Inst w/Whip	1 each	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Ice Cream Chocolate f/Bulk	125 mL	Water Tap EX	250 mL	Salad Plate Cottage Cheese w/Asst Fruit EC	1 each		
Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Roll Dinner Whole Wheat 40g	1 each		
		Coffee or Tea 180 mL EX	180 mL					Coffee or Tea 180 mL EX	180 mL			Margarine PC	1 each		
		Water Tap EX	250 mL					Water Tap EX	250 mL			Pudding Banana f/Inst	125 mL		
												Milk 2% - 125mL Meals	125 mL		
												Coffee or Tea 180 mL EX	180 mL		
												Water Tap EX	250 mL		

DINNER

Chicken Fried Country Style RTB EC	1 each	Spaghetti & Meat Sauce Hmd EX	250 mL	Chicken Butter f/RTS Sauce EC	90 g	Ham Bkd Swt & Spicy f/Bnls	90 g	Fish Salmon Maple Glazed EC	90 g	Pork Tourtiere Indv RTB Frz	1 each	Pork Rst f/Bnls Loin w/Celery & Onion	90 g
Potato Mashed f/Frz Diced	125 mL	Veg Mix Sunrise f/Frz	125 mL	Rice White f/Dry	125 mL	Potato Scalloped f/Mix	125 mL	Potato Browned f/Fresh	125 mL	Gravy Beef f/Mix EC RS	30 mL	Gravy Pork f/Mix	30 mL
Peas Green f/Frz	125 mL	Bread Garlic f/Texas	1 slice	Beans Green Cuts f/Frz	125 mL	Brussels Sprouts f/Frz	125 mL	Carrots Sliced f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL	Potato Mashed f/Frz Diced	125 mL
Cake Carrot Hmd w/Cream Cheese Frosting	1 (2x3 pc)	Trifle English f/Cake Mix	1 #8 sc.	Cake Pudding Toffee	1 (2x3)	Gelatin Cherry	125 mL	Assorted Dessert SB	1 each	Peas & Carrots f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL
Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Cake Lemon f/Mix w/Frosting	1 (2x3")	Veg Mix Fall Medley f/Frz	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL	Pie Pumpkin RtS 40z	1 slice
Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2% - 125mL Meals	125 mL
Fish Cod Bkd w/Lemon Pepper	90 g	Resident's Choice SB	1 each	Meatloaf Beef Hmd _	90 g	Stew Lamb f/Diced w/Veg Frz	250 mL	Chicken Alfredo f/Bnls/Sknl's Breast	250 mL	Water Tap EX	250 mL	Coffee or Tea 180 mL EX	180 mL
Rice White f/Dry	125 mL	Apricot Halves f/Cnd JcPk	125 mL	Gravy Beef f/Mix EC RS	30 mL	Biscuit Tea Plain f/Mix	1 each	Veg Mix Italian f/Frz w/Basil & Oregano	125 mL	Turkey Potato Casserole f/ckd strips w/stuffing EC	250 mL	Water Tap EX	250 mL
Squash Butternut Diced f/Frz	125 mL	Milk 2% - 125mL Meals	125 mL	Potato Mashed f/Frz Diced	125 mL	Apple Slices Cinnamon Ckd f/Cnd	125 mL	Veg Mix Winter f/Frz	125 mL	Fish Pollock w/Basil Sauce EC	90 g	Water Tap EX	250 mL
Mango f/Frz	125 mL	Coffee or Tea 180 mL EX	180 mL	Turnips Diced f/Frz w/Paprika	125 mL	Milk 2% - 125mL Meals	125 mL	Rhubarb Stewed f/Frz	125 mL	Potato Rstd f/Fresh	125 mL	Water Tap EX	250 mL
Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Pears Diced f/Cnd JcPk	125 mL	Coffee or Tea 180 mL EX	180 mL	Strawberries f/Frz w/Whip Topping	125 mL	Asparagus Cuts f/Frz	125 mL	Water Tap EX	250 mL
Coffee or Tea 180 mL EX	180 mL			Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL	Milk 2% - 125mL Meals	125 mL	Fruit Salad Tropical Lite f/Cnd JcPk	125 mL	Water Tap EX	250 mL
Water Tap EX	250 mL			Coffee or Tea 180 mL EX	180 mL			Milk 2% - 125mL Meals	125 mL	Milk 2% - 125mL Meals	125 mL	Water Tap EX	250 mL
				Water Tap EX	250 mL			Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	250 mL
								Water Tap EX	250 mL	Water Tap EX	250 mL	Water Tap EX	250 mL

Southbridge Corporate FW Snack 2024-25 - Week 1

Diet: Regular / Texture: Regular

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
SNACK AM													
Drink Fruit Punch f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Peach f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Grape f/Mix	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Drink Fruit Punch f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Peach f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Grape f/Mix	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
SNACK PM													
Drink Soft Ginger Ale Bulk	125 mL	Drink Iced Tea f/Mix	125 mL	Drink Lemonade f/Mix	125 mL	Drink Grape f/Mix	125 mL	Juice Tomato Bulk	125 mL	Milk Chocolate 2% 125mL	125 mL	Drink Pink Lemonade f/Mix	125 mL
Water Tap EX	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Cookies Shortbread Swirl	2 each	Cookies Oatmeal Raisin f/Dough	1 each	Danish Asst	0.5 each	Cookies Turnover Strawberry	2 each	Cookies Tea Social	2 each	Cookies Chocolate Chip f/Dough	1 each	Cookies Wafer Vanilla	3 each
Drink Soft Ginger Ale Bulk	125 mL	Drink Iced Tea f/Mix	125 mL	Drink Lemonade f/Mix	125 mL	Drink Grape f/Mix	125 mL	Juice Tomato Bulk	125 mL	Milk Chocolate 2% 125mL	125 mL	Drink Pink Lemonade f/Mix	125 mL
Water Tap EX	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Milk 2 % 125mL	125 mL	Water Tap EX	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Coffee or Tea 180 mL EX	180 mL
Applesauce Cup Assorted f/RTS	1 each	Coffee or Tea 180 mL EX	180 mL	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Coffee or Tea 180 mL EX	180 mL	Applesauce Cup Assorted f/RTS	1 each
		Applesauce Cup Assorted f/RTS	1 each							Applesauce Cup Assorted f/RTS	1 each		
SNACK HS													
Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL
Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Cheese Cheddar Sliced f/Bulk	30 g	Egg Salad Sndw on WW Snack	1 half	Cheese Cheddar Sliced f/Bulk	30 g	Peanut Butter Sndw Snack WW EC	1 half	Ham Snack Sandwich WW w/Lettuce EX	0.5 each	Cheese Sndw on WW Snack	1 half	Cheese Marble Sliced f/Bulk	30 g
Loaf Banana	1 slice	Coffee or Tea 180 mL EX	180 mL	Muffin Orange Carrot Small Hmd	1 each	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Loaf Lemon Poppysseed f/Hmd	1 slice
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Applesauce Cup Assorted f/RTS	1 each	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Applesauce Cup Assorted f/RTS	1 each	Water Tap EX	125 mL
Cheese Cheddar Sliced f/Bulk	30 g			Water Tap EX	125 mL	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each			Applesauce Cup Assorted f/RTS	1 each
Loaf Banana	1 slice			Applesauce Cup Assorted f/RTS	1 each								
Applesauce Cup Assorted f/RTS	1 each												

Southbridge Corporate FW Snack 2024-25 - Week 2

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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SNACK AM

Drink Peach f/Mix	125 mL	Drink Iced Tea f/Mix	125 mL	Drink Peach f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Grape f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Lemonade f/Mix	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Drink Peach f/Mix	125 mL	Drink Iced Tea f/Mix	125 mL	Drink Peach f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Grape f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Lemonade f/Mix	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL

SNACK PM

Drink Lemonade f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Juice Tomato Bulk	125 mL	Drink Soft Ginger Ale Bulk	125 mL	Drink Pink Lemonade f/Mix	125 mL	Drink Iced Tea f/Mix	125 mL	Milk Chocolate 2% 125mL	125 mL
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Cookies Oatmeal Raisin f/Dough	1 each	Cookies Turnover Strawberry	1 each	Loaf Lemon Poppy Seed RTS	1 slice	Cookies Chocolate Chip f/Dough	1 each	Danish Asst	0.5 each	Cookies Shortbread f/Dough EC	1 each	Cookies Wafer Strawberry	3 each
Drink Lemonade f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Juice Tomato Bulk	125 mL	Drink Soft Ginger Ale Bulk	125 mL	Drink Pink Lemonade f/Mix	125 mL	Drink Iced Tea f/Mix	125 mL	Milk Chocolate 2% 125mL	125 mL
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each

SNACK HS

Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Egg Salad Sndw on WW Snack	1 half	Cheese Sndw on WW Snack	1 half	Ham Salad Sndw on WW Snack	1 half	Loaf Banana	1 slice	Peanut Butter Sndw Snack WW EC	1 half	Chicken Salad Sndw on WW Snack	1 half	Cheese Cheddar Sliced f/Bulk	30 g
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Cheese Marble Sliced f/Bulk	30 g	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL
Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
		Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each

Southbridge Corporate FW Snack 2024-25 - Week 3

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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SNACK AM

Drink Peach f/Mix	125 mL	Drink Iced Tea f/Mix	125 mL	Drink Pink Lemonade f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Grape f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Lemonade f/Mix	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Drink Peach f/Mix	125 mL	Drink Iced Tea f/Mix	125 mL	Drink Pink Lemonade f/Mix	125 mL	Drink Fruit Punch f/Mix	125 mL	Drink Grape f/Mix	125 mL	Drink Raspberry f/Mix	125 mL	Drink Lemonade f/Mix	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL

SNACK PM

Drink Soft Ginger Ale Bulk	125 mL	Drink Grape f/Mix	125 mL	Milk Chocolate 2% 125mL	125 mL	Drink Lemonade f/Mix	125 mL	Drink Peach f/Mix	125 mL	Juice Tomato Bulk	125 mL	Drink Iced Tea f/Mix	125 mL
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Cookies Digestive	2 each	Cookies Oatmeal Raisin f/Dough	2 each	Cookies Tea Social	2 each	Cookies Chocolate Chip f/Dough	2 each	Danish Asst	0.5 each	Cookies Shortbread f/Dough EC	1 each	Cookies Wafer Chocolate	3 each
Drink Soft Ginger Ale Bulk	125 mL	Drink Grape f/Mix	125 mL	Milk Chocolate 2% 125mL	125 mL	Drink Lemonade f/Mix	125 mL	Drink Peach f/Mix	125 mL	Juice Tomato Bulk	125 mL	Drink Iced Tea f/Mix	125 mL
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Coffee or Tea 180 mL EX	180 mL	Water Tap EX	125 mL	Coffee or Tea 180 mL EX	180 mL
Applesauce Cup Assorted f/RTS	1 each	Coffee or Tea 180 mL EX	180 mL	Applesauce Cup Assorted f/RTS	1 each	Coffee or Tea 180 mL EX	180 mL	Applesauce Cup Assorted f/RTS	1 each	Coffee or Tea 180 mL EX	180 mL	Applesauce Cup Assorted f/RTS	1 each
		Applesauce Cup Assorted f/RTS	1 each			Applesauce Cup Assorted f/RTS	1 each			Applesauce Cup Assorted f/RTS	1 each		

SNACK HS

Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL
Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL
Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL	Water Tap EX	125 mL
Cheese Sndw on WW Snack	1 half	Loaf Banana	1 slice	Peanut Butter & Jam Sndw WW Snack EC	1 half	Egg Salad Sndw on WW Snack	1 half	Ham Salad Sndw on WW Snack	1 half	Muffin Orange Carrot Small Hmd	1 each	Turkey Sandwich Snack WW w/Lettuce EX	0.5 each
Coffee or Tea 180 mL EX	180 mL	Cheese Marble Sliced f/Bulk	30 g	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Cheese Cheddar Sliced f/Bulk	30 g	Coffee or Tea 180 mL EX	180 mL
Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Cheese Cheddar Sliced f/Bulk	30 g	Coffee or Tea 180 mL EX	180 mL
Water Tap EX	125 mL	Milk 2 % 125mL	125 mL	Milk 2 % 125mL	125 mL	Water Tap EX	125 mL	Milk 2 % 125mL	125 mL	Coffee or Tea 180 mL EX	180 mL	Milk 2 % 125mL	125 mL
Applesauce Cup Assorted f/RTS	1 each	Water Tap EX	125 mL	Water Tap EX	125 mL	Applesauce Cup Assorted f/RTS	1 each	Water Tap EX	125 mL	Milk 2 % 125mL	125 mL	Water Tap EX	125 mL
		Applesauce Cup Assorted f/RTS	1 each	Applesauce Cup Assorted f/RTS	1 each			Applesauce Cup Assorted f/RTS	1 each	Water Tap EX	125 mL	Applesauce Cup Assorted f/RTS	1 each
										Applesauce Cup Assorted f/RTS	1 each		