

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025


HAPPY  
New Year



10:00 - Group Exercise  
3:00 - New Years Resolution

New Year's Day

10:00 - Group Exercise  
3:00 - Baking



10:00 - Group Exercise  
3:00 - Activity Pages

10:00 - Group Exercise  
6:00 - Movie Night




10:00 - Tea and Treats  
2:00 - **United Church**




10:00 - Group Exercise  
3:00 - Basketball



10:00 - Group Exercise  
3:00 - Bingo



7:30 - **Breakfast Club**  
10:00 - Group Exercise



10:00 - Group Exercise  
3:00 - Craft

10:00 - Group Exercise  
3:00 - Connect 4



10:00 - Group Exercise  
3:00 - **7 Days Church Service**  
6:00 - Movie Night




10:00 - Tea and Treats




10:00 - Group Exercise  
3:00 - Ball Toss

10:00 - Group Exercise  
3:00 - Bingo




10:00 - Group Exercise  
2:00 - **Music with Eric**



10:00 - Group Exercise  
3:00 - Colouring Pages

10:00 - Group Exercise  
3:00 - Card Games

10:00 - Group Exercise  
6:00 - Movie Night



10:00 - Tea and Treats




Activity Professionals Week

10:00 - Group Exercise  
3:00 - Curling


Martin Luther King Jr. Day

10:00 - Group Exercise  
3:00 - Bingo




10:00 - Group Exercise  
3:00 - Reading with Wendy


10:00 - Group Exercise  
3:00 - **Music with Debbie**



10:00 - Group Exercise  
3:00 - Jenga



10:00 - Group Exercise  
6:00 - Movie Night



10:00 - Tea and Treats



Australia Day (Observed)

10:00 - Group Exercise  
3:00 - Chinese New Year  
Crosswords

10:00 - Group Exercise  
3:00 - Bingo



10:00 - Group Exercise  
3:00 - Chinese New Year  
Scrabble



Chinese New Year  
(Year of the Snake)

10:00 - Group Exercise  
3:00 - Bake a cake !

10:00 - Group Exercise  
3:00 - Junk Drawer Detective

**2025**  
— HAPPY NEW YEAR —

\*\*Programs are subject to changes\*\*