

February 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Shelburne Retirement Community

** Programs are subject to change **

February is : **Black History Month**

HAPPY
Valentine's Day

10:00 am - Group Exercise
6:00 pm Movie Night



10:00 am - Tea and Treats

2



10:00 am - Group Exercise
3:00 pm - Basketball

3

10:00 am - Group Exercise
3:00 pm - Bingo

4



10:00 am - Group Exercise
3:00 pm - Connect 4

5

10:00 am - Group Exercise
3:00 pm - Colouring

6



10:00 am - Group Exercise
3:00 pm - Basketball

7

10:00 am - Group Exercise
6:00 pm Movie Night

8



10:00 am - Tea and Treats
6:30 pm - Superbowl

9



10:00 am - Group Exercise
3:00 pm - Bowling

10

10:00 am - Group Exercise
2:30 pm - Music with Brenda

11



10:00 am - Group Exercise
3:00 pm - Jenga

12



10:00 am - Group Exercise
3:00 pm - Music with Debbie

13

10:00 am - Group Exercise
3:00 pm - Baking

14



10:00 am - Group Exercise
6:00 pm Movie Night

15



10:00 am - Tea and Treats

16

10:00 am - Group Exercise
3:00 pm - Golf

17

Family Day 😊
Act of Kindness Day

10:00 am - Group Exercise
3:00 pm - Bingo

18



10:00 am - Group Exercise
3:00 pm - Cards

19

10:00 am - Group Exercise
3:00 pm - Word Puzzles

20

10:00 am - Group Exercise
3:00 pm - Bean Bag Toss

21

10:00 am - Group Exercise
6:00 pm Movie Night

22



10:00 am - Tea and Treats

23

10:00 am - Group Exercise
3:00 pm - Balloon Toss

24

10:00 am - Group Exercise
3:00 pm - Bingo

25



10:00 am - Group Exercise
3:00 pm - Connect 4

26

10:00 am - Group Exercise
3:00 pm - Craft

27

10:00 am - Group Exercise
3:00 pm - Balloon Tennis

28

